

The History of Food of the Americas Explored at the McAllen March Meeting March 3, 2020

Hostesses for the March PART meeting, Rebecca Strong and Noelia Peña, who were representing the country of Chile, introduced Melissa Guerra as their speaker for the occasion.



Becky Strong and Noelia Peña

Melissa, who was born and raised on a working cattle ranch in South Texas, spoke on the history and origin of the corn and flour tortilla. She shared a power point presentation with the audience, while also engaging them in an interesting discussion.

Melissa is a self-taught culinary expert and food historian, specializing on the cuisine of the American Continent; especially that of regional Texas, Mexican and Latin America. She has written and published two books: Dishes from the Wild Horse Desert: Norteño Cooking of South Texas and The Texas Provincial Kitchen; a companion cookbook to her television series on the subject of Food. She also maintains a blog.



Melissa Guerra

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